

Epidemiology of respiratory syncytial virus infection in northern Taiwan, 2001-2005 — seasonality, clinical characteristics, and disease burden

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Background and Purpose: Respiratory syncytial virus (RSV) is an important pathogen in children less than 2 years old. However, there is limited epidemiological data about RSV infection in Taiwan. This study aimed to investigate the clinical, epidemiological, virological, and economical aspects of RSV infections in Taiwan.

Methods: We collected data of children with positive RSV respiratory specimens at the Laboratory of Virology, National Taiwan University Hospital, between January 2001 and December 2005. Medical charts were reviewed retrospectively.

Results: 892 children in whom acute bronchiolitis was the predominant diagnosis (60.7%) were enrolled. Compared with those without underlying disease (n = 630), children with underlying disease (n = 262) were older (11 vs 9 months), required longer oxygen therapies (7 vs 4 days), were more likely to have lower respiratory tract involvement (96.2% vs 92.3%) and intensive care unit stays (49.0% vs 9.4%), endotracheal intubations (21.0% vs 2.0%), ribavirin use (35.0% vs 1.4%), and had higher medical costs (US\$ 1250 vs 688), and nosocomial infection (24.8% vs 1.0%). Compared with those without endotracheal intubation (n = 824), cases requiring endotracheal intubation (n = 68) had higher rates of underlying diseases (80.9% vs 25.1%), especially congenital heart diseases (45.6% vs 8.1%), chronic lung disease (13.2% vs 3.2%) and neurological disorders (17.6% vs 3.5%). There was a biennial pattern with peaks in the spring and fall. Medical cost was estimated to be US\$ 250,000 annually in our hospital.

Conclusion: In children with underlying diseases, RSV infection is associated with significant morbidity, and even mortality. Nosocomial infections appear to be an important cause of RSV transmission. The seasonality of RSV infections in Taiwan showed a biennial pattern with peaks in spring and fall.

Key words: Epidemiology; Health care costs; Respiratory syncytial virus, infections; Seasons

Introduction

Respiratory syncytial virus (RSV) infection is a major respiratory illness of children less than 2 years of age. It can cause significant morbidity — from upper respiratory infections, acute bronchiolitis, and bronchopneumonia to apnea or sepsis [1]. Acute respiratory distress syndrome could occur in immunocompromised

patients. Treatment of RSV respiratory illness is mainly supportive; in the absence of other effective vaccines, ribavirin remains the only specific treatment. With high-titer RSV immunoglobulin and humanized monoclonal antibody against RSV becoming available, the American Academy of Pediatrics recommended prophylaxis for RSV infections in high-risk infants [2]. The so-called “RSV season” is the key to RSV immunoprophylaxis.

Information on the epidemiology of RSV infections in Taiwan is still limited [3,4] and the severity, risk factors, seasonality, and medical cost of RSV infections in

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Taiwan need further elucidation. We aimed to study the clinical, epidemiological, virological, and economic aspects of RSV infections in Taiwan in order to pave the way for future studies.

Methods

Data collection

RSV respiratory specimens (suctioned sputum or nasopharyngeal aspirates) diagnosed between January 2001 and December 2005 at the Laboratory of Virology, National Taiwan University Hospital, were identified by screening its database. They included those with positive RSV antigen tests or culture results. Medical charts were reviewed retrospectively. Fever was defined as body temperatures $>38.3^{\circ}\text{C}$. Leukocytosis was arbitrarily defined as white blood cells in the peripheral blood $>12,000/\mu\text{L}$. The severity of RSV infection was scored by modification of a previous study [5,6]. We incorporated the respiratory effort score, respiratory rate, and oxygen saturation to categorize cases without underlying diseases into mild, moderate, or severe illnesses (Table 1).

Nosocomial infection referred to RSV-related respiratory illness manifesting 7 days after admission. Reinfection was defined as repeated infections with at least 3 months between the 2 episodes of RSV-related illness. Rehospitalization within 2 months was considered the same infection episode.

Table 1. Calculation of the severity score

| Variable | Not present | Present | Weighting factor | Summation | Severity score |
|-------------------------------------|-------------|---------|------------------|-----------|----------------|
| Respiratory effort score | | | | | |
| Intercostal retraction | 0 | 1 | $\times 1.0$ | 0.0-2.4 | 1 (mild) |
| Subcostal retraction | 0 | 1 | $\times 1.0$ | 2.5-3.9 | 2 (moderate) |
| Substernal retraction | 0 | 1 | $\times 1.0$ | 4.0-6.0 | 3 (severe) |
| Suprasternal retraction | 0 | 1 | $\times 1.5$ | | |
| Nasal flaring | 0 | 1 | $\times 1.5$ | | |
| Oxygen saturation (%) | | | | | |
| 95-100 | | | | | 0 |
| 90-94 | | | | | 1 |
| <90 | | | | | 2 |
| Respiratory rate^a | | | | | |
| <2 SD | | | | | 0 |
| 2-3 SD | | | | | 1 |
| >3 SD | | | | | 2 |
| Overall severity score | | | | | |
| | | | | | <2 (mild) |
| | | | | | 2-3 (moderate) |
| | | | | | >3 (severe) |

Abbreviation: SD = standard deviation

^aRespiratory rate was compared to that of healthy infants of the same age [6].

Virological examination

The RSV antigen of the respiratory specimen was detected by an immunofluorescence assay (IMAGENTM RSV, DakoCytomation Ltd, Cambridge, UK). Virus culture was done using HEp-2 cell lines. Cases with positive RSV antigens and cultures in the same episode were counted only once.

Statistical analysis

The seasonal variation was verified by the method described by Freedman [7]. Statistical analysis was done using Statistical Package for the Social Sciences (SPSS) for Windows (Version 11.5; SPSS, Chicago, IL, USA). Categorical variables were assessed for statistical significance by chi-squared test. Fisher's exact test was used adjunctively if the expected values were less than 5. The Mann-Whitney *U* test was used for continuous variables with skewed sample distributions. A *p* value <0.05 was considered statistically significant.

Results

Demographics and clinical features

A total of 892 children were enrolled; 775 were positive for RSV antigen in the respiratory specimens and 239 were culture-proven for RSV. Children who were positive for both ($n = 122$) were regarded as a single episode. Demographic data and clinical features are shown in Table 2. There were 555 boys and 337 girls, with a median

age of 10 months (range, 0-195 months). Children with underlying diseases comprised 29.4% of the total cases (Table 3). Fever was detected in 68.6% of cases, with a median duration of 3 days (range, 1-15 days). Approximately one-third (31.2%) of the cases reported respiratory illness in family members. Acute bronchiolitis was the predominant diagnosis (60.7%), followed by bronchopneumonia or pneumonia (32.6%), upper respiratory infection (4.3%) and croup (1.7%). The severity of cases without underlying disease ranged from mild (73.7%) to moderate (21.4%) and severe (4.9%).

We evaluated the factor of age in RSV infections among 630 previously healthy children, excluding 6 nosocomial cases. In infants below 6 months of age ($n = 193$), RSV infection was associated with less fever

Table 2. Clinical features and demographic data

| Variable | No. of cases (%) ($n = 892$) |
|--|-----------------------------------|
| Demographics | |
| Male gender | 555 (62.2) |
| Age (months; median [range]) | 10 (0-195) |
| Cases with underlying diseases | 262 (29.4) |
| Respiratory illness of family members | 279 (31.2) |
| Symptoms or signs | |
| Fever | 612 (68.6) |
| Duration of fever (days; median [range]) | 3 (1-15) |
| Severity of condition ^a | |
| Mild | 317/430 (73.7) |
| Moderate | 92/430 (21.4) |
| Severe | 21/430 (4.9) |
| Diagnosis | |
| Acute bronchiolitis | 541 (60.7) |
| Bronchopneumonia or pneumonia | 291 (32.6) |
| Fever or upper respiratory tract infection | 38 (4.3) |
| Croup | 15 (1.7) |
| Others ^b | 6 (0.7) |
| Management | |
| Outpatient | 21 (2.4) |
| Emergency department | 9 (1.0) |
| Hospitalization | 862 (96.6) |
| Intensive care unit admissions | 188 (21.0) |
| Endotracheal intubation | 68 (7.6) |
| Ribavirin use | 101 (11.3) |
| Antibiotic use | 487 (54.6) |
| Bronchodilator nebulization | 457 (51.2) |
| Systemic corticosteroids | 100 (11.2) |

^aSee text for definition. Only cases without underlying diseases ($n = 630$) were assessed, of which only 430 cases (68.3%) were available for analysis; others contained missing data.

^bOther diagnoses include bronchial asthma ($n = 2$); hand, foot, and mouth disease ($n = 1$); atypical Kawasaki disease ($n = 1$); febrile convulsion ($n = 1$); and acute gastritis ($n = 1$).

Table 3. Profile of underlying diseases

| Underlying disease ^a | No. of cases (%) |
|--------------------------------------|------------------|
| Prematurity (weeks) | 75 (8.4) |
| <24 | 5 (0.6) |
| 24-28 | 18 (2.0) |
| 28-32 | 26 (2.9) |
| 32-35 | 26 (2.9) |
| Chronic pulmonary disease | 35 (3.9) |
| Congenital heart disease | 98 (11.0) |
| Acyanotic | 63 (7.0) |
| Cyanotic | 35 (4.0) |
| Neurological disorder | 41 (4.6) |
| Hemato-oncological disorder | 21 (2.4) |
| Gastrointestinal disorder | 16 (1.8) |
| Metabolic or endocrine disorder | 12 (1.3) |
| Other chronic condition ^b | 9 (1.0) |

^aThe categories shown are not mutually exclusive, since some cases had more than 1 condition.

^bOther chronic conditions include multiple congenital anomalies ($n = 6$), sequelae of perinatal insult ($n = 2$), and immunodeficiency ($n = 1$).

(36.3% vs 81.4%, $p < 0.001$), and shorter median duration of fever (1 day vs 4 days, $p < 0.001$), but more respiratory illness in the family (43% vs 32.3%, $p = 0.011$) than those over 6 months of age ($n = 431$). The former consumed fewer antibiotics (31.1% vs 57.3%, $p < 0.001$), but were prone to intensive care unit (ICU) stays (22.3% vs 3.2%, $p < 0.001$) and developing lower respiratory illnesses (96.4% vs 91.0%, $p = 0.017$), although chances of endotracheal intubation and ribavirin use were not significantly higher (Table 4).

Reinfection vs nosocomial infections

There were 30 cases of reinfection and 6 cases of rehospitalization. Twenty seven cases had 2 episodes of RSV infection with intervals between 3 months and 3 years. Three patients had RSV infections up to 3 times. Six episodes of RSV infection led to 14 hospitalizations and required 8 ICU stays. Significant morbidities after RSV infection included acute respiratory distress syndrome, chronic lung disease, subglottic stenosis, ventilator-associated pneumonia, and other nosocomial infections related to invasive interventions. Three deaths were attributable to acute respiratory distress syndrome after RSV infection. Two of these occurred in cases of Down syndrome with congenital heart disease. Both were infected shortly before cardiopulmonary bypass (CPB) and open-heart surgery. One boy with acute myeloid leukemia and neutropenia developed acute respiratory distress syndrome after

Table 4. Comparison of clinical profiles, disease severity, and management in children with community-acquired respiratory syncytial virus (RSV) infections without underlying diseases (n = 624)

| Variable | <6 months of age (n = 193) | >6 months of age (n = 431) | p |
|---|----------------------------|----------------------------|--------|
| | No. (%) | No. (%) | |
| Male gender | 127 (65.8) | 271 (62.9) | 0.528 |
| Fever | 70 (36.3) | 351 (81.4) | <0.001 |
| Duration of fever (days; median [range]) | 1 (1-6) | 4 (1-14) | <0.001 |
| Family history of respiratory illness | 83 (43.0) | 139 (32.3) | 0.011 |
| Hospitalization | 189 (97.9) | 409 (94.9) | 0.086 |
| Leukocytosis | 54/191 (28.3) | 124/412 (30.1) | 0.701 |
| C-reactive protein (mg/dL; median [range]) | 0.165 (0-12) | 0.585 (0-18.91) | <0.001 |
| Upper respiratory illness | 7 (3.6) | 39 (9.0) | 0.017 |
| Lower respiratory illness | 186 (96.4) | 392 (91.0) | 0.017 |
| Total severity score | | | 0.172 |
| Mild | 94/135 (69.6) | 221/291 (75.9) | |
| Moderate | 36/135 (26.7) | 55/291 (18.9) | |
| Severe | 5/135 (3.7) | 15/291 (5.2) | |
| Days requiring O ₂ tent/hood (FiO ₂ ≥0.3; median [range]) | 5 (0-43) | 4 (0-30) | <0.001 |
| ICU stay | 43 (22.3) | 14 (3.2) | <0.001 |
| Endotracheal intubation | 5 (2.6) | 8 (1.9) | 0.553 |
| Ribavirin use | 4 (2.1) | 5 (1.2) | 0.469 |
| Antibiotic use | 60 (31.1) | 247 (57.3) | <0.001 |
| Hospitalization (days; median [range]) | 6 (2-46) | 6 (1-34) | 0.067 |
| Medical cost (US\$; median [interquartile range]) | 894 (597-1288) | 613 (466-800) | <0.001 |

Abbreviations: O₂ = oxygen; FiO₂ = fraction of inspired O₂; ICU = intensive care unit.

nosocomial RSV infection. He survived with the sequela of chronic lung disease following therapy consisting of ribavirin, steroids, and antibiotics. Table 5 lists coinfectious pathogens other than RSV in each episode.

Comorbid diseases and severity

Compared with those without underlying disease (n = 630), children with underlying disease (n = 262) were older (11 vs 9 months, $p=0.011$), required longer durations of oxygen therapy (7 vs 4 days, $p<0.001$), had more involvement of lower respiratory tracts (96.2% vs 92.3%, $p=0.037$) and ICU stays (49.0% vs 9.4%, $p<0.001$), endotracheal intubations (21.0% vs 2.0%, $p<0.001$), and ribavirin usage (35.0% vs 1.4%, $p<0.001$) [Table 6].

Compared with those without endotracheal intubation (n = 824), cases requiring endotracheal intubation (n = 68) had higher rates of underlying diseases (80.9% vs 25.1%, $p<0.001$). Three most pertinent underlying diseases were congenital heart disease (45.6% vs 8.1%, $p<0.001$), chronic lung disease (13.2% vs 3.2%, $p<0.001$), and neurological disorder (17.6% vs 3.5%, $p<0.001$).

We further analyzed risk factors associated with endotracheal intubation after RSV infections in 98 cases with congenital heart diseases. Among these, 35 were cyanotic and 63 acyanotic, and 52 cases (53%) underwent CPB and open-heart surgery. Potential risk factors

Table 5. Coinfectious pathogens other than respiratory syncytial virus

| Coinfectious pathogen | No. of cases |
|--|--------------|
| Bacterial agent | |
| <i>Mycoplasma pneumoniae</i> ^a | 18 |
| <i>Chlamydia pneumoniae</i> | 7 |
| <i>Streptococcus pneumoniae</i> ^b | 5 |
| <i>Haemophilus influenzae</i> ^b | 2 |
| <i>Moraxella catarrhalis</i> ^c | 1 |
| Group A streptococcus | 1 |
| <i>Staphylococcus haemolyticus</i> ^c | 1 |
| Viridans streptococci (intermedius, oralis) ^c | 2 |
| <i>Salmonella</i> spp. ^c | 3 |
| <i>Klebsiella pneumoniae</i> ^c | 1 |
| Viral agent | |
| Parainfluenza virus | 3 |
| Metapneumovirus | 1 |
| Rotavirus | 1 |

^a*M. pneumoniae* was diagnosed by enzyme-linked immunosorbent assay for serum immunoglobulin M.

^b*S. pneumoniae* and *H. influenzae* were isolated from the sputum or via urine antigen detection (in the case of *S. pneumoniae*).

^cAll organisms were isolated by blood culture, except for 1 *Salmonella* sp. which was isolated from stools. Cardiac vegetation was visible on echocardiogram, in this case of ventricular septal defect.

Table 6. Comparison of demographic data, clinical profiles, and management according to the presence or absence of underlying diseases

| Variable | Underlying diseases | | <i>p</i> |
|---|--------------------------|-------------------------|----------|
| | Yes (n = 262) No. (%) | No (n = 630) No. (%) | |
| Age (months; median [range]) | 11 (0-195) | 9 (0-77) | 0.015 |
| Male gender | 153 (58.4) | 402 (63.8) | 0.130 |
| Fever | 188 (71.8) | 424 (67.5) | 0.234 |
| Duration of fever (days; median [range]) | 3 (1-15) | 3 (1-14) | 0.529 |
| Family history of respiratory illness | 57 (22.0) | 222 (35.0) | <0.001 |
| Hospitalization | 258 (98.5) | 604 (95.9) | 0.064 |
| Leukocytosis | 68/260 (26.2) | 178/609 (29.2) | 0.367 |
| C-reactive protein (mg/dL; median [range]) | 0.6 (0-20) | 0.4 (0-19) | 0.011 |
| Days requiring O ₂ tent/hood (FiO ₂ ≥0.3; median [range]) | 7 (0-133) | 4 (0-43) | <0.001 |
| Upper respiratory illness ^a | 10 (3.8) | 48 (7.7) | 0.037 |
| Lower respiratory illness ^b | 252 (96.2) | 582 (92.3) | 0.037 |
| ICU stay | 129 (49.0) | 59 (9.4) | <0.001 |
| Endotracheal intubation | 55 (21.0) | 13 (2.0) | <0.001 |
| Nebulized bronchodilator | 159 (60.7) | 298 (47.3) | <0.001 |
| Systemic corticosteroids | 26 (10.0) | 74 (11.7) | 0.471 |
| Ribavirin use | 92 (35.0) | 9 (1.4) | <0.001 |
| Antibiotic use | 179 (68.3) | 308 (48.9) | <0.001 |
| Hospitalization (days; median [range]) | 8 (2-133) | 6 (1-46) | <0.001 |
| Medical cost (US\$; median [interquartile range]) | 1256 (681-3975) | 675 (488-931) | <0.001 |
| RSV by nosocomial route | 65 (24.8) | 6 (1.0) | <0.001 |

Abbreviations: O₂ = oxygen; FiO₂ = fraction of inspired O₂; ICU = intensive care unit; RSV = respiratory syncytial virus

^aDenotes the diagnosis of upper respiratory infection or croup.

^bIncludes acute bronchiolitis, bronchopneumonia, or pneumonia.

are age less than 6 months ($p=0.011$), CPB within 3 months ($p=0.001$), and furosemide use of more than 2 mg/kg/day ($p=0.001$).

Seasonal epidemiology

RSV-related illness occurred year-round in Taiwan. We plotted composite positive RSV antigen or culture, and episodes of acute bronchiolitis against weeks for children below 2 years old. The analysis of seasonality showed a biennial pattern with peaks in the spring and fall (Fig. 1 and Fig. 2). However, variations in this trend were substantial from one year to another. In 2001, 2003, and 2004, the major peak was seen in fall, but 2002 and 2005 showed peaks in the spring. We adopted the statistical method proposed by Freedman [7] and further confirmed this seasonal variation. The major peak for positive RSV antigen was in the fall, whereas that for acute bronchiolitis was in the spring.

Medical costs

Disease burden was calculated by adding together the medical costs of hospitalization, and outpatient and emergency department visits. Nosocomial RSV

infections were excluded. Among the cases without hospitalization, the average medical cost was US\$ 72 per infection. The average medical cost was US\$ 44 per outpatient visit and US\$ 91 per emergency visit. The medical cost of hospitalized cases without ICU stay was US\$ 800 per infection while that of hospitalized cases with ICU care was a much higher US\$ 5313 per infection. The medical cost per infection of those with underlying diseases was significantly higher than those without (US\$ 1256 vs 675, $p<0.001$). The total medical cost was US\$ 250,000 annually in our hospital. Since our study involved mainly inpatients and payments covered by the Bureau of National Health Insurance, the actual disease burden, including non-medical costs, was much higher than estimated.

Discussion

RSV infections can be detected using the rapid antigen test by direct immunofluorescence assays or conventional virus cultures. Although the sensitivity and specificity of the 2 methods are different, they peaked in the same seasons in our study (data not shown).

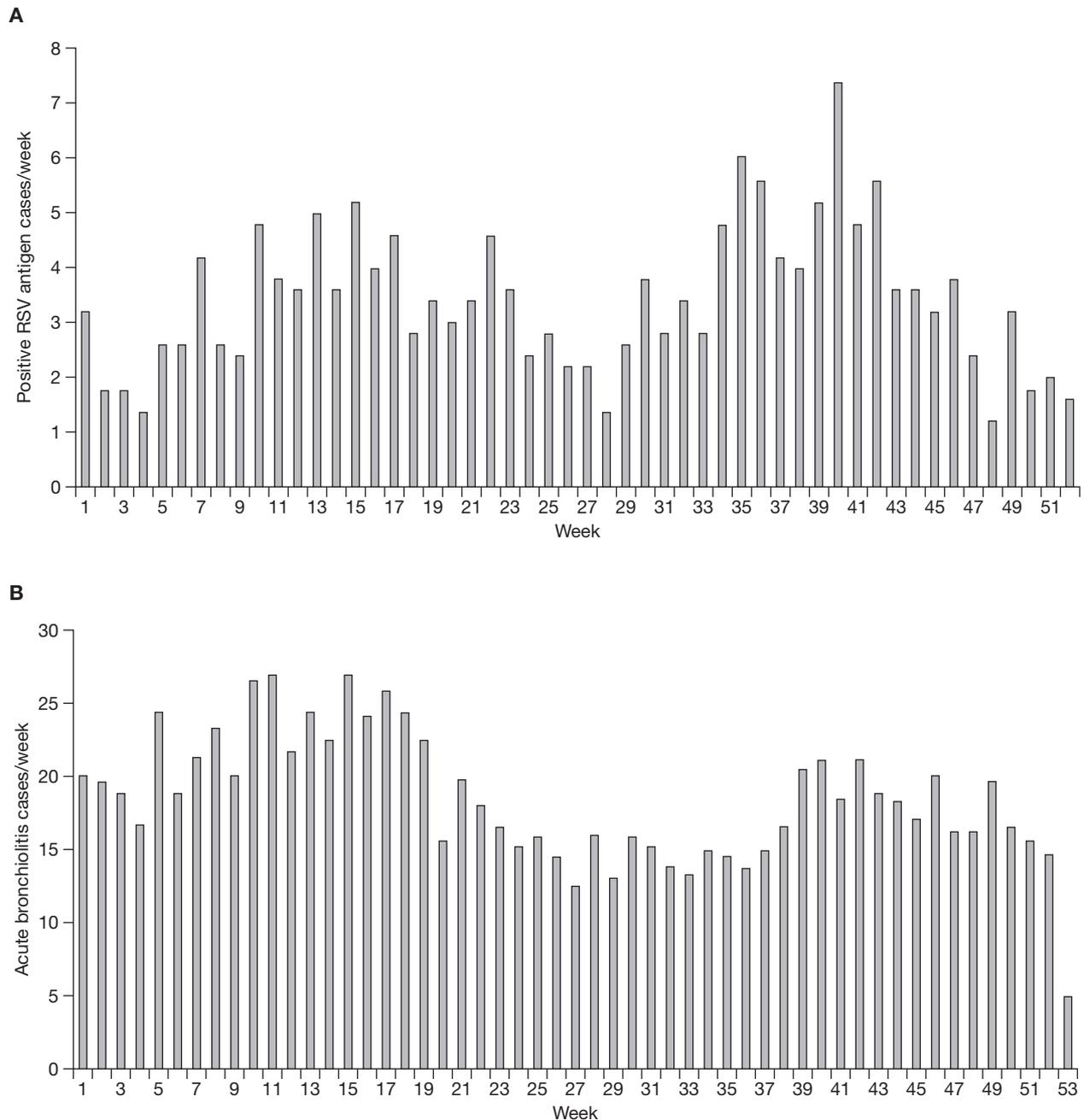


Fig. 1. Composite weekly rates show a biennial pattern with peaks in spring and fall for (A) positive respiratory syncytial virus (RSV) antigen; and (B) acute bronchiolitis.

The severity score of RSV infections in children with underlying diseases cannot be assessed easily and may be affected by underlying conditions. Our analysis selected the final outcome (humidified oxygen use, ICU stay, endotracheal intubation, use of antibiotics, and medical cost) to be the indicator of disease severity. Children with underlying diseases suffered from significant morbidity, and even mortality, and carried a heavy disease burden.

RSV infections requiring endotracheal intubation were associated with underlying diseases, including chronic lung disease, congenital heart disease, either cyanotic or acyanotic, and neurological disorders. Premature infants, one-third of whom developed chronic lung disease in our study, were not associated with increased endotracheal intubation after RSV infections. Selection bias due to exclusion of outpatients was considered. Family history of respiratory illness was

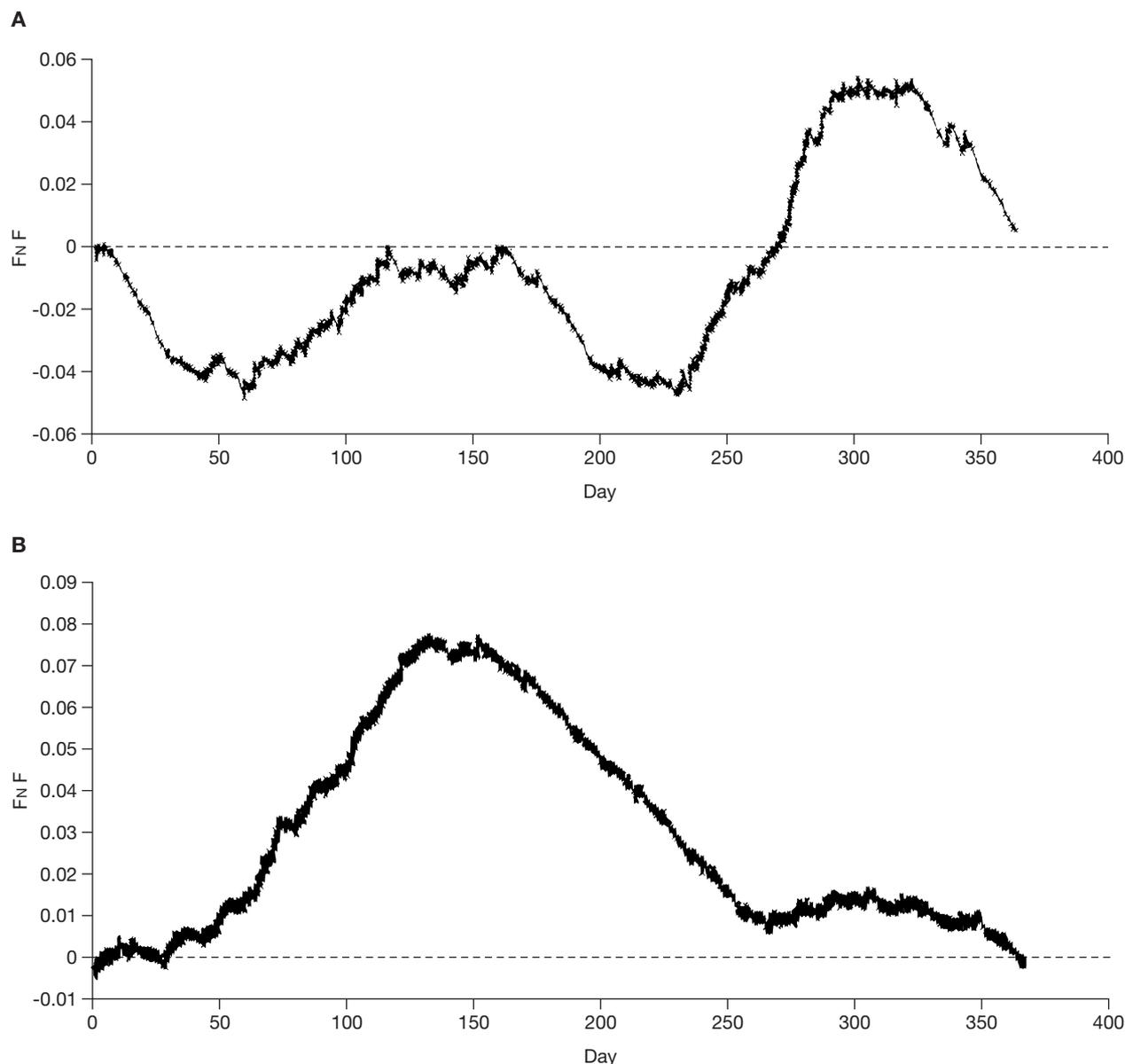


Fig. 2. Difference between sampling distribution (F_N) and cumulative distribution (F) confirms seasonal variation of (A) positive respiratory syncytial virus antigen; and (B) acute bronchiolitis. $p < 0.01$ in both (A) and (B).

significantly less common in those with endotracheal intubation than those without (10.3% vs 33.0%, $p < 0.001$). This may be explained by a higher percentage (80.9% vs 25.1%, $p < 0.001$) of cases with underlying disease in the group with endotracheal intubation. Patients with underlying diseases had a lower incidence of family history of respiratory disease (22.0% vs 35.0%, $p < 0.001$) and a higher rate of nosocomial RSV infection (24.8% vs 1.0%, $p < 0.001$) than those without underlying diseases.

The severity scores of RSV infections among infants below and over 6 months of age were not significantly

different. The much lower percentage of cases of onset and duration of fever in infants below 6 months of age may be explained by the partial protective effects of maternally-derived serum antibodies against RSV. However, younger infants stayed more frequently in ICUs than their older counterparts (22.3% vs 3.2%, $p < 0.001$). More vacant beds in the ICUs and parental anxiety may be the cause. Fewer histories of respiratory illness were found in the families of older infants and children, who mainly acquired the infection from day-care units or kindergartens; for infants, older siblings were the most likely source of the virus [8].

Among the identified risk factors, children with cyanotic congenital heart disease and chronic lung disease were particularly prone to develop serious illness following RSV infections. CPB was associated with lung injury [9]. The time interval between CPB and RSV infection seems crucial. The underlying mechanism of CPB-related lung injury is still unclear, but surfactant deficiency may play a role.

Reinfection and rehospitalization in this series indicated the partial and short-term character of RSV immunity. Reinfection illnesses are generally mild [10], but can be detrimental in the immunocompromised. Earlier reports have suggested that normal infants shed RSV for 21 days [11], but RSV shedding could be as long as 199 days in human immunodeficiency virus-infected children [12]. In our cohort, 1 healthy, 5-month-old boy shed virus for at least 33 days in an episode of hospitalization. Based on the rapid antigen test, 2 cases of cerebral palsy with rehospitalization shed virus for up to 66-110 days. The duration of virus shedding and route of transmission are key issues for the control of nosocomial RSV infections. Eye and nose were proven to be equally common routes of transmission [13]. Medical personnel should wear gloves, gowns, and goggles to protect themselves against infectious secretions and stop their further spreading. Strict washing of hands and cohort care also reduce infection risk. In our hospital, contact isolation was employed for RSV infections. However, shortage of nursing staff at wards with high patient turnover rates, lack of isolation facilities, and delays in the reports of rapid antigen tests all contributed to the high nosocomial infection rate.

The different major peaks between the positive RSV antigen and acute bronchiolitis may indicate that pathogens other than RSV are responsible for acute bronchiolitis in the spring. These unspecified pathogenic agents behind the spring episodes of acute bronchiolitis in Taiwan may merit further studies.

Although the seasonality of RSV infection in our series showed a biennial pattern, it represented only a single institute in northern Taiwan. Huang et al showed that RSV circulated year-round with a peak between July and October in northern Taiwan [3]. Nevertheless, great variations in the year-to-year patterns make it difficult to define specific epidemic seasons in Taiwan. Passive immunization, using high-titer RSV immunoglobulin or humanized monoclonal antibody against RSV, will remain the mainstay for the prophylaxis of the disease until a more effective vaccine for RSV

becomes available. However, the potency of antibody prophylaxis would be considerably lower in Taiwan in the absence of constant seasonal peaks in RSV infections.

There were 2 major limitations in our studies. Firstly, this retrospective study focused mainly on inpatients. We need prospective surveillance to monitor the epidemiology of RSV infections in the community, as RSV is an emerging nosocomial pathogen both in the elderly and in the immunocompromised [14,15]. Secondly, this study represents only the results of a tertiary care medical center in northern Taiwan. A comprehensive study collaborating local clinics, regional hospitals, and medical centers will provide more details of RSV infections in Taiwan.

In conclusion, RSV is the most important viral pathogen in infants and children below the age of 2 years. In children with underlying diseases, RSV infection is associated with significant morbidity and even mortality. Nosocomial infections appear to be an important cause of RSV transmission. The seasonality of RSV infections in Taiwan showed a biennial pattern with peaks in the spring and fall.

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